Now that you are pregnant, taking care of yourself has never been more important. The Perinatal Risk Assessment provides a full picture of your health and connects you to resources to keep you and your baby as healthy as possible.



nj.gov/connectingnj

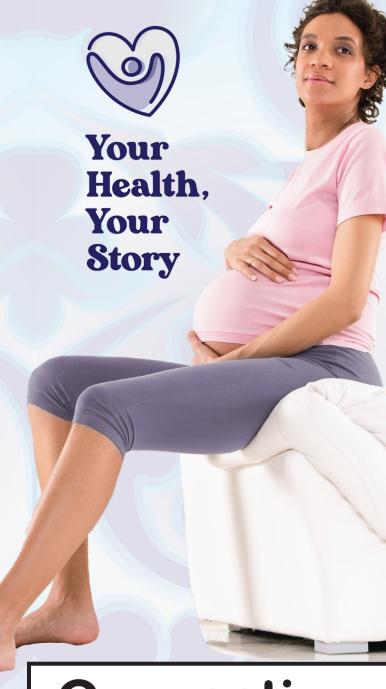


Your Health, Your Story is a program of Family Health Initiatives with funding by the New Jersey Department of Health.

Connecting NJ is part of the Nurture NJ Initiative with support and funding from the New Jersey Department of Health and New Jersey Department of Children and Families.

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Discover

In New Jersey, all pregnant people who receive state-supported healthcare can get free services based on their unique needs.

In order to connect you to these services, your healthcare provider must complete a Perinatal Risk Assessment (PRA).

The PRA tool is an efficient way to collect a complete medical history for pregnant patients. Your provider will send the completed form to Medicaid and your health insurance plan.



When completing the PRA, your provider will take a closer look at your:

- **Physical** wellbeing
- · Social environment
- · Mental health

In partnership with your health care team, your insurance company and Connecting NJ work together to link you to programs and services near you.



Even after your baby arrives, we're here for you. The results of your PRA help us find programs and resources in your area that are customized for you.

Need help?

Contact Connecting NJ for information about programs and services in your area.

You will receive a text message soon with a link to access your PRA.

