

Now that you are pregnant, taking care of yourself has never been more important.

The Perinatal Risk Assessment provides a full picture of your health and connects you to resources to keep you and your baby as healthy as possible.

Connecting
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nj.gov/connectingnj



FAMILY HEALTH INITIATIVES

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**Your
Health,
Your
Story**



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Discover

In New Jersey, all pregnant people who receive state-supported healthcare can get **free services** based on their **unique needs**.

In order to connect you to these services, your healthcare provider must complete a **Perinatal Risk Assessment (PRA)**.

The PRA tool is an efficient way to collect a complete medical history for pregnant patients. Your provider will send the completed form to Medicaid and your health insurance plan.



Determine

When completing the PRA, your provider will take a closer look at your:

- **Physical** wellbeing
- **Social** environment
- **Mental** health

In **partnership** with your **health care team**, your insurance company and **Connecting NJ** work together to link you to programs and services near you.



Deliver

Even after your baby arrives, **we're here for you**. The results of your PRA help us find programs and resources in your area that are **customized for you**.

Need help?

Contact Connecting NJ for information about programs and services in your area.

You will receive a text message soon with a link to access your PRA.